

CREATIVE CONCEPTS IN

psychology

An Activity and Case-based Approach

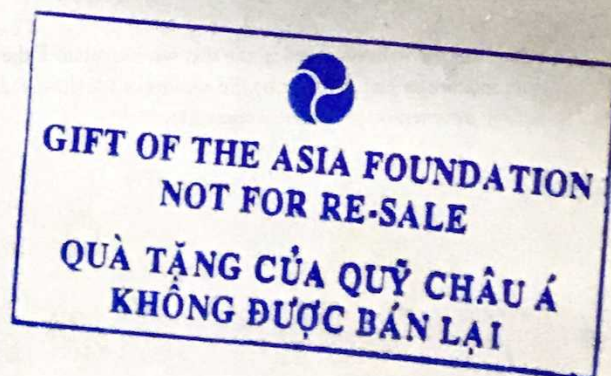
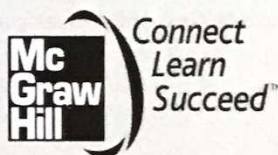
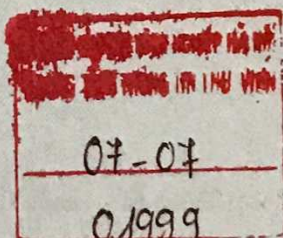


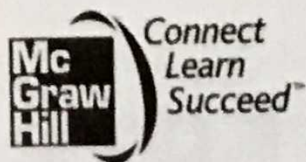
Andrea H. Goldstein

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An Activity and Case-based Approach

ANDREA H. GOLDSTEIN





CREATIVE CONCEPTS IN PSYCHOLOGY: AN ACTIVITY AND CASE-BASED APPROACH

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PREFACE

Psychology does not need to be overwhelming or scary. For many students the idea of studying psychology can be a little . . . nerve-racking. The functions of the brain, psychological theory, and core concepts of study can seem like a vast undertaking. *Creative Concepts in Psychology: An Activity and Case-based Approach* proves that this material is manageable, fascinating, and totally engaging for students.

Creative Concepts in Psychology: An Activity and Case-based Approach looks at the study of psychology in a different way than more traditional psychology texts. Rather than place the bulk of the emphasis on concepts with only a few end-of-chapter activities, *Creative Concepts in Psychology* balances theory with application in a meaningful way. Every chapter provides the core pedagogy, but also devotes substantial time and energy to case studies and student activities. By merging these concepts so seamlessly, the ability to both learn and apply is mastered in every chapter.

A successful psychology text not only teaches students, but also empowers them to use those concepts beyond the classroom. *Creative Concepts in Psychology: An Activity and Case-based Approach* strives to reach past basic understanding to full synthesis by giving students both a thorough understanding of ideas and the chance to see those ideas played out in scenarios that resemble the sorts of situations a student may encounter in his or her own life. With titles like "Why Am I So Tired?," "Wild Days," and "Exhaustion Hurts," the case studies in this text are going to have an impact because they reflect the daily struggles many students encounter.

Thorough understanding and student engagement work in harmony in this text. *Creative Concepts in Psychology: An Activity and Case-based Approach* bridges the gap between theory and practice. Students succeed because they are given the tools they need to take psychology beyond the classroom.